# Prayer at the Heart

Please pray for:

#### Immediate needs 2 - 4 weeks



- Ian (Ruck) having his operation on 20 May, an answer to prayer.
- Audrey (Porter), resting at home following a spell in hospital.
- John (Brockman) for a complete recovery following an operation.
- Bob Simmons, suffering with a painful cracked rib.
- Roy (Bentley) recovering from his heart surgery. Please also pray for Hazel.
- Donald. with back pain and previous health issues.

During May we will be praying for those living in Sunset Close, Sheppey View and Long Reach Close (incl. Bluefield Mews).

### Long term needs - up to 3 months

- Jill and Tom (Seddon), both unwell.
- John Judge.
- Lenni (Oakley).
- Gill (Campbell).
- Janice and Graeme (Allott). Frances Crocker. Ted North. Pat Wade. Paul Browning.
- Ann Shuttle and her sister, Joan.
- Dave (Remon), suffering from Parkinson's.
- Brian Evans.
- Ruth.
- Please pray for everyone in our church family living with long-term illnesses or conditions including Bob, Dennis, Denise, Emma, Katherine, Katy, Rosalind and Stella (Masters).

We give thanks for all who care faithfully for others - because it's their job, or because they are caring for a loved-one. We pray for strength and rest and the support of others.

If you would like someone to be added to the prayer needs ,please contact: Carol Judge 277752 or David & Lynda Kemp 272470

# Welcome to St Alphege, Seasalter Sunday 4 May 2025 3<sup>rd</sup> Sunday of Easter

Readings: Psalm 30 & John 21: 1-19



#### ANNUAL DISTRICT CHURCH MEETING

The church's Annual Meeting will be held on Sunday 11 <sup>th</sup> May at 1.30pm at SCC following a bring and share lunch after the 10.00 service. *Please note that this is an in-person only meeting and there will not be a Zoom link as in previous years.* Please do try and attend this important meeting where we shall give thanks to the Lord for all that has happened over the last extraordinary year and a bit and also think and pray about the people we need to represent us on various bodies.

One of the important tasks of the Annual Meeting is to elect those who will guide or represent the church over the next year. This year we need to elect to the Deanery Synod one representative. There are four vacancies for our District Church Council (DCC) and two places on the Team Council (PCC) - if you are a member of the Deanery Synod or PCC you are automatically a member of the DCC too. We also elect the two Churchwardens and Deputy Wardens. If you would like to serve in any of these ways or know of someone who would be suitable for one of these roles (please talk to the person before nominating them!) please complete a nomination form available from the Churchwardens or the office. If you would like any further information about any of the roles or the Annual Meeting, please speak to Paulette or Ali. Copies of the Annual Report Booklet will be available shortly.



# Special VE Day Anniversary Event THURSDAY 8 MAY

Seasalter Christian Centre, 49 Faversham Road CT5 4AX 01227 276923

**9.30 - 10.30 am** tea, coffee, toast & marmalade, bacon sandwiches, freshly baked croissants

**10.30 - 11 am** A performance of popular songs from the 1940s followed by a singalong

**11 am-12 Noon** tea, coffee, sausage rolls and cakes

Please come and go as you need, but put your name down to help us plan catering.

No food or drink will be served during the half hour performance/singing

All donations on the day for The Royal British Legion

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# Ladies' Meet Up

**Dates for your diary** 



Tuesday 13 May Wednesday 11 June Thursday 17 July

#### from 7 pm

#### Weatherspoons' Whitstable

Open to any ladies connected with SCC. Come when you can, leave when you need, eat if you want or just chat. No need to book, just turn up on the day.

For more information contact Ann P or Claire W for more details.

#### **Church Notices**

If you would like to contribute to these church notices do please get in touch with me. Please be aware when supplying contact information, this notice sheet is circulated physically and digitally via our website, social media and email.

The deadline for the following Sunday is midnight on Tuesday.

Paula Email: notices@stalphegeseasalter.org

# THIS WEEK at St Alphege Seasalter

We do our best to compile this so the info is in one place - but we are a busy church - apologies if something gets missed

Mon 52.30 pm Singing for Fun and Wellbeing at SCCTue 69.30 - 11.30 am Little Salties toddler group at SCC

**Wed 7** - 8.45 am prayer on Zoom (ID 279 401 6881 Password V3pXbH)

2.30 pm Mid Week Holy Communion Service SCC7 pm Christian Meditation Group, Old Church

**1 Thu 8** 9.30 am - 12 noon VE Day Anniversary Event at SCC

6 pm - 7pm VE Day Extra Event at the Old Church (see separate

info. for both these events)

Fri 9 2 pm Social Games at SCC

6 pm Prayer Point at Rosemary's home (contact Paulette

for details: 07305 611437)

**Sat 10** 9.30 am - 12.30 pm Church garden tidy-up (see separate info.)

Evening: Youth Challenge Quiz and Bingo night at SCC (see

separate info.)

**Sun 11** 10.00 am ONE Service for the whole church community of all

ages at SCC followed by Bring and Share lunch followed by the

Annual Meeting.

# **Come and See (Exploring Anna Chaplaincy)**

Saturday 17th May 2025 from 10.30am-1pm at Diocesan House, Lady Wootton's Green, Canterbury CT1 1NQ

A session for anyone (lay or ordained) wanting to find out about Anna Chaplaincy to older people:

- What is Anna Chaplaincy? (a brief presentation)
- What does Anna Chaplaincy look like? (hearing from an Anna Chaplaincy team)
- What does the discernment and training look like?
- Question Time! (ask any question you like)

Anna Chaplaincy in the Diocese of Canterbury: https://www.canterburydiocese.org/ministry/recognising-lay-ministry/annachaplaincy/

To book a place, please email Sarah Lucas, slucas@diocant.org

**HANDDRYERS versus paper towels**There are new efficient hand dryers in ALL the toilets so ditch the paper towels!! Hand dryers are far better for the environment than paper towels. This is because paper towels invariably end up discarded in landfill sites as they can't be recycled. When you factor in full-life carbon costs, electric hand dryers are a lot better for the environment and have much less of a lasting impact (not to mention saving money.....

Becca

#### **Please Note**

We livestream our 8.45 service and occasionally other services, uploading these to our church YouTube channel. The camera is focussed on the stage area (please be aware of this if you go up onto the stage during the service), and we don't film during the distribution of Holy Communion. Some backs of heads will appear in camera view. Please speak to a Church Warden when you arrive if you wish to avoid being in camera view.

### **Calling All Knitters!**

Would you be able to help with knitting lambs which we present to babies/young children upon their baptism? I am able to provide all that you would need to make them. We have three baptisms in the next couple of months and I am down to my last three sheep. If this is something you feel able to help with please either speak to Rosalind or contact her on: 07594 604333.



# **VE Day Extra Event Thursday 8<sup>th</sup> May**

If you are joining us for our special VE Day Open Door Coffee Morning from 9.30am to 12 noon you might also be interested to know that

We are also marking VE Day at the Old Church from 6pm to 7pm when we will take part in the National Bell Ringing event at 6.30pm.

Come along and:

- listen to the bell ringing as we look back to the end of World War 2
- enjoy a cup of tea and cake in the lovely setting of the Old Church and the churchyard
- light a candle to remember those we have lost in times of conflict
- take a moment to say thank you for the end of World War 2 and to pray for peace in our world
- make a Peace Dove with us as a reminder of the importance of peace

# **Garden Volunteers wanted**

Are you free to help Helen and the eco-church team clear brambles, rubbish and weeds from the Seasalter church back garden on Saturday 10th May 9.30-12.30?

We will need cars for dump runs, garden bags, cutters, gloves, tools to dismantle shed panels.

If you can come let Helen know on helen north@outlook.com or just turn up - you will be most welcome.

# **Depression/Anxiety/Worry**

During Tariq's recent sermon on worry he offered to run a session for anyone who may be carrying burdens such as depression/anxiety/worry, or if you are close to someone who is in this position. In his sermon Tariq made it clear that mental ill-health is not a failure of our faith, just as physical ill- health is not either. The session will run on 16 May at 19.30 at Seasalter Christian centre.

This will be an opportunity to gather and maybe share some of the experiences and pressures people feel. Lee Russell has kindly agreed to share his account of recently coming through, over a year of severe depression and anxiety. Whilst there will be an opportunity for others to share, if they wish, there will be no obligation at all to do so.

If you wish to attend please contact Tariq by email at <a href="mailto:tariqrita@aol.com">tariqrita@aol.com</a> or calling him on 07940837852. **Attendance is only by pre-booking.** If you would find attending too daunting then Tariq would be happy to talk with you on an individual basis, but arranged in consultation with Paulette our Vicar to ensure proper safeguards are in place.

Tariq is a qualified mental health nurse (retired) and has worked in hospitals and the community and maintains a pastoral/Christian interest in this area of life.



# **Yay! and Pray**

This week we are . . .



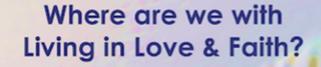
 we give thanks for all who have been serving faithfully (and often in unseen ways) in different leadership roles in the church.



#### *Praying for:*

 our Annual Meeting on 11th and especially for those who are feeling God's nudge to stand for roles in the leadership of the church.





Join us for the first

Canterbury Diocese meeting of



as we explore the next steps for equality and inclusion.

Where: St Peter's Church, Canterbury, CT1 2AT When: Sunday 11th May 2025 4.45pm for 5pm



Following Open Table communion service 3.30pm

With Nic Tall: General Synod member and National Co-ordinator of Together

For more info please contact:

Rev Rachel Webbley on: vicar@stalphege.org.uk

Website: togethercofe.org.uk

#### In Brief

- See insert for details of the Bingo and Quiz Night on 10 May.
- We raised £33.72 for the last poppy appeal.

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