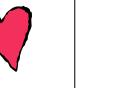
Prayer at the Heart

Please pray for:

Immediate needs 2 - 4 weeks



- Frances (Crocker) having an X-ray on her knee with the possibility of an operation.
- Graeme (Allott) has had several falls following an infection. Please keep Janice in your prayers too as she is awaiting an operation at Kings'.
- Donald, suffering with a painful knee and awaiting a knee replacement operation.
- Gill (Campbell).
- Marcea Evans, for complete recovery following an operation.
- We continue to pray for Lee, for strength and recovery as he battles severe anxiety and depression and for Trudy, his wife, as she supports him.
- Ann (Shuttle's) sister, Joan, whose health is deteriorating.

During May we will be praying for those living in Freeman's Close, Church Lane and Heritage Close.

Long term needs - up to 3 months

- Dave (Remon), suffering from Parkinson's.
- Ted North, awaiting an operation following a hip dislocation.
- Graham Goldstraw, for his health to continue to improve.
- Brian Evans, whose condition continues to deteriorate and for Jane and their family.
- Ruth, (Bob Simmons daughter).
- Please pray for everyone in our church family living with long-term illnesses or conditions including Audrey, Bob, Denise, Dennis, Emma, Katherine, Katy, Lise, Pat Wade, Rosalind and Stella (Masters).

If you would like someone to be added to the prayer needs, please contact: Carol Judge 277752 or David & Lynda Kemp 272470



Welcome to St Alphege, Seasalter Sunday 5 May 2024 6th Sunday of Easter

Readings: Ephesians 4: 11-16 & Thessalonians 5: 5-16

Whitstable Team Ministry Ascension Day Service Thursday 9th May 7.30pm Seasalter Christian Centre

It's our turn to host the Whitstable Team Ministry Ascension Day Service this coming Thursday, so do come and join us as we meet to worship with congregations from the other churches in the Team.

Refreshments will be available after the service - please speak to Ali if you are able to help in the kitchen.



Please Note We livestream our 8.45 service and occasionally other services, uploading these to our church YouTube channel. The camera is focussed on the stage area (please be aware of this if you go up onto the stage during the service), and we don't film during the distribution of Holy Communion. Some backs of heads will appear in camera view. Please speak to a Church Warden when you arrive if you wish to avoid being in camera view.

Musical Walkabout invite you to

Singing for Fun & Wellbeing

With guest Music Practitioner
Nina Clark



Seasalter Christian Centre Monday 6th May 2.30 - 4pm

Safeguarding

We at SCC and as a Christian family take safeguarding very seriously (safeguarding is working to protect children and adults from harm, abuse and neglect).

There are on-line courses available on the Diocesan safeguarding website which we encourage all members of the Church family to undertake. Thank-you to those who have already undertaken this training. The course has to be completed every 3 years and I will be contacting you to remind you if the training is due this year. If I have not contacted you and you are aware you need to do it then please let me know by email?

Please also let me know when you have completed any training so that I can update my documentation?

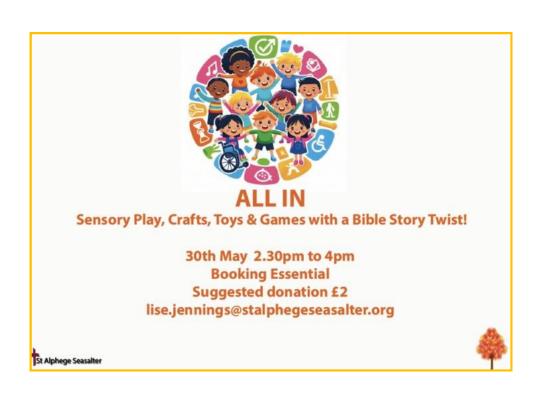
The link for the training is Safeguarding - Diocese of Canterbury (canterburydiocese.org)

Hilary Poulton – Safeguarding Lead
Hilary.poulton@stalphegeseasalter.org
07740631434

On behalf of the Safeguarding team
Vanessa, Paulette, Hannah, Lise and Hilary

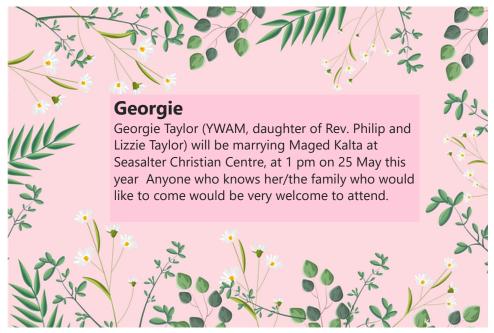
If you would like to contribute to these church notices do please get in touch with me. Please be aware when supplying contact information, this notice sheet is circulated physically and digitally via our website, social media and email. The deadline for the following Sunday is midnight on Tuesday.

Paula Email: notices@stalphegeseasalter.org

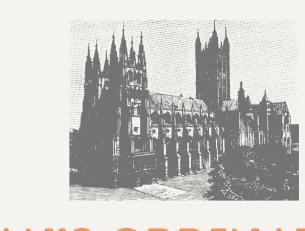








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DAN'S ORDINATION

CANTERBURY CATHEDRAL / JUNE 29TH

3





Hi! I'm Becca, I'm the new Eco Champion for our church, and I want to hear from YOU!

Whether you have great ideas to share, time to research or you're just interested in how we can make the church and our individual lives more environmentally sustainable, come and talk to me! I'm always around Sundays (the girl with the red hair!), I'm often here Thursday mornings or you can email me on mrsb.newlyn@aol.co.uk

Here's an easy tip to get you started... this month is No Mow May!

Allowing some long grass and wildflowers to grow benefits wildlife, tackles pollution and can even lock away carbon below ground. With over **20 million gardens in the UK**, even the **smallest grassy patches add up** to a significant proportion of our land which, if managed properly, can deliver **enormous gains for nature**, communities and the climate. For more information go to

https://www.plantlife.org.uk/campaigns/nomowmay/



Changing life one block at a time
28th May 11.30am to 3pm
Bring a pack lunch
Seasalter Christian Centre
Primary school age
Suggested donation £5 Per Child
Book with Lise
lise.jennings@stalphegeseasalter.org

St Alphege Seasalter



Rhythms of Grace

When? Saturday 1 June 2024, 2:15pm - 4:45pm. Where? St Martin's Church, Northumberland Road,

Maidstone, ME15 7LP

An introduction to movement and dance in worship taking inspiration from Scripture and Worship songs.

Suitable for ages 16 +.

This workshop will explore hand and arm gestures, stillness, posture, kneeling, simple dance steps and the use of flags.

Facilitated by Christine Holland, Reader in North Downs Deanery. <u>Book for Rhythms of Grace.</u>