

Prayer at the Heart

Immediate needs 2 - 4 weeks



Please pray for:

Melissa Clackett who has dislocated her left shoulder four times since 12 December and for Isaac who started portage (help with speech, language and mobility) on 22 January for ongoing problems. Becky (Whittaker) recently tested positive for COVID. Jane, (Colin Curtis' daughter) and her family. Stella for a good recovery following a hip-replacement operation. Gill, as doctors strive to find her more suitable and effective drugs. Pat Martin, making a slow improvement following a knee replacement operation.

Carol Holgate, Beryl Davies and her daughter Karen - prayers for recovery from shock following a car accident. Continued prayers for Beth (Stan and Carol's daughter) as she undergoes chemotherapy. Dorothy Vener. Bob Simmons. Debbie (Frances Crocker's daughter). Ann Harley, awaiting a diagnosis for ongoing heart problems.. Audrey (Porter) for continued healing of her back. Pat Wade suffering with painful shingles. During February we will be praying for those living in The Grange, Chanctonbury Chase and St. Margaret's Close.

Long term needs - up to 3 months

Sheila Pearse. Ray Clarke. Joan Moss. Isaac Clackett. Dennis Spinner, please pray for him to get strong and stay free from illness. Lise Jennings, for relief from pain.

Prayer Needs

Please contact: Carol Judge 277752; or David and Lynda Kemp 272470

We also have a Prayer Requests page on Facebook, please let us know if you would like your prayer needs to be posted there.

If you would like to contribute to these church notices; do please get in touch with me.

Please be aware when supplying contact information for notices, this notice sheet is circulated physically and digitally via our website, social media and email.

Paula. Email: deaneves@msn.com



Welcome to St Alphege, Seasalter

14 February 2021

Last before Lent

Readings: 2 Kings 2: 1-12; Mark 9: 2-9

Ash Wednesday 17 February 7 pm - an invitation from Paulette to a short online event

Join me, via Zoom at 7 pm on Wednesday 17th February for half an hour of prayer and reflection for Ash Wednesday. I'll be inviting you to light a candle, lower the lights, join the Zoom link and then mute your microphone and turn off your camera - although we'll be gathered in the Zoom space, this will be a time just for you to connect with God through an Ash Wednesday liturgy and reflection which I'll provide on screen.

- You'll need a candle, something to light it with and somewhere to put it safely.
- We'll be making the sign of the cross on our foreheads as part of this service, either with or without ash. If you have a Palm cross at home, you are welcome to make your own ash from this and mix it with a little olive oil (never water - it makes it caustic). Hot tip - dry the palm cross out first in your oven. A how-to video here:

https://youtu.be/UQZ9J4ivV_k



At the end of the half hour, we'll end the service quietly.

Contact me via email for the link:

paulette.stubbings@stalphegeseasalter.org

Reduce Food Waste

Reduce food waste - there are now excess food deliveries to Seasalter Christian centre on Monday and Tuesday mornings - free for anyone to collect from 9-11am.

This has been a really successful initiative, and I want to thank the team behind the scenes who are picking up, dropping off and delivering food.

Ann Price



Jesus looked at them and said 'With man this is impossible, but not with God; all things are possible with God.'

Mark 10.27

Zoom Coffee 11 am after the Sunday Service

Some connect groups do this already but for those who don't there will be an opportunity for 'Coffee after the service' on Zoom from 11 am for half an hour following the pre-recorded service on YouTube each Sunday.



It will be good to see each other even if it's only from the waist up! We join the zoom then go into a series of random smaller groups to chat more easily (managed by the Zoom host). You don't have to stay for the whole half hour.

Zoom Link available from Paulette - paulette.stubbings@stalphegeseasalter.org if you email her she'll email the link to you.

Please don't share the link publicly or with anyone you don't know.

It will be a re-usable link for that weekly post-service meeting, so you should be able to re-use it for future weeks

OPEN DEANERY SYNOD MEETING



**Wednesday 24th
February 2021 at 7.00 pm via Zoom**

This is an opportunity for *everybody* engaged in the life, work and ministry of our parishes and churches in Whitstable and Herne Bay to come together to discern how God is calling us to *organise our 'faith-inspired activities'* when we emerge into 'Covid-recovery territory':

- What will we keep doing? *Do we have the resources, including people?*
- What will we no longer do?
- How will we use our buildings?

The Reculver Deanery 'Outline Deanery Plan (Edition 1)

"Moving Towards a Flourishing, Sustainable Future" refers (copy obtainable from a Deanery Synod rep, Churchwarden or PCC /DCC member)

Join Zoom Meeting

<https://us02web.zoom.us/j/3209487258?pwd=hKQeStuZWkbg8RL6n9p3MOxogKkNGQ>

In case of difficulty with this link, enter the following information into your device to access the meeting:

Meeting ID: 320 948 7258

Passcode: 080420

Hi church!

We are hoping to set up a monthly 'check in' for people working in the emergency/ public services at the moment. Examples would be police/ fire service/ paramedics/ NHS (e.g. doctors/ midwives/ OTs/ nurses). This isn't an exhaustive list but gives an idea, I apologise if I haven't used your profession as an example and you're included. Teaching staff would something like this be helpful for you too? Please do let us know if it is 😊



We thought it would be great, shifts allowing, to touch base and have a chat about how we are. We might have an ice breaker or a reflection. Everything is optional, you can join without feeling you need to 'join in' or you can offer to bring something if you feel promoted to. The certain thing each time is that we will pray together and for each other. It would be 30-45mins once a month, if you'd like to join a WhatsApp group in between to communicate we can create this too.

Please speak to Rachel Berner or Tom Hedley-Smith if you are interested. Or contact via email on rberner588@gmail.com

We have a trained prayer ministry team at St Alphege Seasalter who are happy to pray with anyone who would like confidential prayer for themselves or someone else (our safeguarding policy applies).

If you'd like that, please let Paulette (paulette.stubbings@stalphegeseasalter.org) or Diana High know, or message me in the chat privately and we can arrange for someone to get in touch to do that. Do offer this to friends or neighbours.



Banner of Hope



I want to produce a 'banner of hope' which we can hang in the Christian Centre when we return.

This is going to comprise short words, pictures, verses or anything that has given you hope over the last 10 months, and will be sewn or drawn. It may simply be 1 word like 'family' or 'prayer', a verse of scripture or a picture. Please prayerfully consider what you want to put and then download from the internet a picture of a leaf or heart or a shape you want to use or use a square. This shape should not be more than 8" square. Then choose a piece of fabric on which to put your words. If you don't have fabric or the facility to download anything then please contact me and I will provide the shape and material. If the material frays easily then hem it down or blanket stitch the edges. If you are drawing something on the material, please remember that fabric pens can sometimes 'bleed' into the material, so choose carefully. If you are sewing something then each time you put the needle up through the fabric lift a prayer to the Lord. It may only be a person's name, but lift what is on your heart to the Lord.

Please do not think 'I can't do this because I don't sew,' as it is not intended to be a beautiful work of art. Simple running stitches will suffice. If it is a verse then draw lightly in pencil and do your running stitch over the pencil.

If you really want to join in but need help then please contact me and I will be more than willing to help.

Please let me have your contribution within the next 3-4 weeks.

Eventually I will mount all of these on to a large piece of fabric and we will hang it up.

Diana (262495) john_high@sky.com



Announcing the St Alphege Seasalter Lent Course for 2021

From Sunday 21st February onwards as a church we'll begin The Prayer Course, from the UK based but international 24/7 team. The founder, Pete Greig wrote an excellent book and although I recommend it to you, and there's lots of overlap in content with the book and the course, *you don't need it to DO the course.*



Prayer is the one thing Covid 19 can't take away from us, in fact many have found their experience of prayer has been an anchoring and essential thing in the pandemic. And whatever happens next, we need to be a praying people.

The course is 8 sessions on prayer, based on the Lord's prayer. 5 weeks before Holy Week and Easter, then 3 sessions to finish afterwards. We'll be tying in the Sunday sermons on the topics too.

There will be 4 ways you can join in with this course:

- 1) In a Connect Group online if you belong to one that's running it, or you can join in with a Connect Group that is doing the course just for these weeks.
- 2) You can set up your own small group with a couple of friends online if you want to do it.
- 3) You can join in with the Zoom sessions every Friday afternoon 3pm beginning 26 February. I'll be organizing these for those not in other groups who want to do the course with others. Contact me for the link: paulette.stubbings@stalphegeseasalter.org
- 4) Those living alone who don't have access to things online can

be sent paper resources and a DVD with the session videos on each week, (along with their usual Sunday Service DVD).

Any questions or concerns, or if you can't work out how you can participate, then please get in touch: paulette.stubbings@stalphegeseasalter.org or 07305 611437.

I hope as many as possible will be able to join in and get much out of this course.

Lent Course

Chris Skingley will be running a Lent Course for 3rd Agers and any who would like to join. The course is called *Daring to See God Now* and is in five sessions. The sessions are: The Good News of God, The time is now, God is present, Change your mind, and Live it! The course will run on Zoom on Thursday mornings starting on 18th February at 10am.



Contact Chris Skingley on chris.skingley@btinternet.com if you would like to join and he will send session links nearer the time.

HOPE

Cold, cold snow, sleet, rain,
Days of darkness, loss of joy.
Everyone searches for the light.
But there is hope for us today -
Our faith is in Christ our God
Source of all being, all life
Not ended by a virus or any

earthly thing
Our trust is in you Lord
The same yesterday, today and
for all time.
Our hope is only in you
And you will save us.

Jill (Freeman)