

## Cook Along

The St Alphege, Seasalter Cook Along launched for the school Christmas holidays with the aim of equipping people with the skills to cook basic, cheap family meals.

Thank you so much to those of you who donated financially and gave us kitchen equipment. We were able to use this to enrol 10

families and provide them with the ingredients, recipes, cooking videos and where needed some utensils to enable them to cook 3 two course family meals in each of the two weeks we operated. In total this covered 258 mains and 258 puddings for 43 people. We did this each week from the Christian Centre to coincide with when Fare Share is offered.

We are so grateful for the generous support provided to this pilot project – we think it was a great success and we met some lovely families who came forward to participate. They fed back to us that they had enjoyed cooking from scratch especially with fresh ingredients, had learned new meals trying things they hadn't used before and had cooked for their families things they remembered having as children. The church team also enjoyed participating in the project.

We would like now to provide this again for the February half term to those that wish to continue. If you feel able to support us financially please email Rachel Berner on [rberner588@gmail.com](mailto:rberner588@gmail.com) so we can give you the details of how to do this. Please also pray for the continued success of this initiative.

We are starting discussions with the rest of the Whitstable team churches to explore how we might do this at scale across our churches and identify more sustainable funding support. Please also pray that these discussions go well.

Thank you

Rachel, Gail, Sue and Caroline

