

Prayer at the Heart



Immediate needs 2 - 4 weeks

Please pray for Liz Boys and her mum who passed away on 19 May - alone. Liz had not been allowed to visit her since she was moved to the new care home 12 weeks' ago. A peaceful passing but such a devastating separation in the last weeks of her life. She had pleaded to be allowed to see Liz but it was not to be.

Please also pray for:

Tess, back in hospital. Ann Harley, having episodes of problems with her heart. Audrey (Porter) who fractured her spine following a fall in the garden. Julia (Frances' friend) is now in a hospice. Chris, Ann Shuttle's son-in-law, with DVT in his thigh. Pat Wade suffering with painful shingles. During June we will be praying for those living in Sandpiper Road, Norview Road and Swallow Avenue.

Long term needs - up to 3 months

Let us pray for everyone who has had to have a hospital appointment postponed, that they will not be too anxious and that their appointment will be re-arranged as soon as possible.

Joan (Jill Freeman's Mum) suffering with dementia and very lonely in isolation. Bob Simmons. Ray Clarke. Sheila Pearse. Joan Moss. Dorothy Vener. Isaac Clackett. Dennis Spinner, please pray for him to get strong and stay free from illness. Lise Jennings, for relief from pain.

Prayer Needs

Please contact: Carol Judge 277752; or David and Lynda Kemp 272470

We also have a Prayer Requests page on Facebook, please let us know if you would like your prayer needs to be posted there.



Welcome to St Alphege, Seasalter 7 June 2020



Where to get help for yourself or a neighbour/ someone in the community

It's been a bit harder to keep up the levels of contact we usually get with our community face to face without the usual opportunities like Sparklers or Open Door and the myriad groups that run in the week for children, 3rd age and others.

However, since the lockdown began, people from the church and across the Team Ministry in Whitstable and Seasalter and many other local volunteers have been at work to help resource the agencies and support the local government arrangements to make sure help reaches the most vulnerable. Here's a reminder of what's going on and how to get help if you need it for yourself or somebody else.



Contact Becky Whittaker via the Christian Centre Office 01227 276923 or Paulette seasaltervicar@gmail.com 07305 611437 if you or someone you know needs help, or via the number provided

Cont./...

below. We also have some useful contacts for those who may need some mental health support at this time.

The following local schemes are providing relief to those in difficulty.

- 1) Support in accessing food supplies, collecting of prescriptions or organising a phone call to check up on someone's wellbeing can be accessed via Canterbury City Council's helpline: 01227 868 598. Lines are open seven days a week between 9am and 5pm, and volunteers are drawn from across the community.
- 2) Food Bank referrals can be arranged via Becky Whittaker, number above - SCC is the Seasalter hub for this.
- 3) Food Parcels are also available from Riverside Church Pantry Project. The volunteers are now restocking where possible with grants they have secured. Ring ahead on 01227 250 240 for collection Mon-Fri 10-3pm.
- 4) Fair share food scheme operates across the Team Ministry and Seasalter's volunteer arm of this is coordinated by Ann Price - contact Paulette if you think someone would benefit from referral to this scheme.
- 5) Community Wardrobe - they are working out how to get this up and running as the restrictions change over the coming weeks.



Although the Christian Centre has had to remain closed, we have been able to use the building for the NHS blood bank, enabling the community to continue to donate locally, and we are still landlords to Little Oaks as the local nursery who are working hard to prepare for reopening.

Thank you to all who have been volunteering in these initiatives as well as to everyone involved in the internal church 'buddy system' or just ringing round to check on those who may need a chat- you are all amazing!

Love Paulette

prayer

Risen, ascended Lord,
as we rejoice at your triumph,
fill your Church on earth with
power and compassion,
that all who are estranged by sin
may find forgiveness
and know your peace,
to the glory of God the Father,
Amen.

Prayer from the Church of England.

Used Stamps

Don't know what to do with your used stamps? Please collect them for a premature baby charity. You can give to Ann Price or can send direct to: Octopus for a Premie UK, PO BOX 16992 Sutton Coldfield B73 9YA



Personal information - the GDPR (General Data Protection Regulation)

The GDPR sets out how organisations must act when dealing with the personal data of individuals. Personal data includes such information as name, address, telephone number, financial information, health records etc etc.

The church holds information/data about all its members, and we are committed to handling it legally, responsibly and carefully. For most members the church holds name, address, telephone number and email address and does not hold more sensitive information about bank accounts or health. Members will appreciate that these days information is held not only in paper files, but also on computers and phones. Most information is held under the legal basis of *legitimate interest*, i.e. the church has a legitimate interest in holding the data, and virtually all the data has been freely provided by the members themselves.

If you have any questions about your data, what is held and how it is held please look at the Privacy Notice on the church website or talk to Russell Wyles on 07526 978 080.

What we did in the first few weeks' of Lockdown:



Paula read books - that pile has now trebled.



Dylan looked out of the window.



Ian pretended to go fishing!

Good News



Please share your good news with us - no matter how seemingly insignificant - and if you have a photo to go with it even better. Maybe your child or grandchild said something amusing, maybe you heard a good joke, maybe you found some flour! *Paula*
My email is deaneves@msn.com

Bags of plain flour and self-raising now available in smaller bags at Aldi. Their Kent-grown strawberries are delicious too.

Notices

Please encourage our church family to receive emailed copies of these notices - especially now when we cannot meet face to face. To be added to the mailing list, let me know by email. *Paula.* deaneves@msn.com

<https://www.youtube.com/watch?reload=9&v=YOdQXbVNrVA&feature=youtu.be>

Click on the link for some Church of England tips for all you clever clogs making your own videos at home.

NHS TEST AND TRACE APP

Police forces across England are warning people to be aware of potential scams linked to the NHS test and trace operation.

Officers say if NHS staff call you by phone, the service will be using a single number:

0300 0135 000 The only website staff will ask you to visit is the official NHS and Public Health England page.

Contact tracers will never ask for you to:

- Dial a premium rate number (e.g. those starting 09 or 087)
- Make any form of payment
- Provide your bank account details
- Supply any social media identities or details
- Tell them any passwords or PINs, or ask you to set up any
- Purchase a product
- Download software or ask you to hand over control of your device

Access any non-government or non-NHS website

NHS

NHS Test and Trace has launched

If you have been in close contact with someone who has tested positive for Coronavirus, NHS Test and Trace will be in contact with you

1 2 3 4 5 6 7 8 9 10 11 12 13 14

You must isolate for 14 days
even if you don't have the symptoms

Message from Georgina

Hi everyone!

I just wanted to fill you in on what's been going on for the youth during lockdown, ask for some prayer for them and also ask for some help.

Lockdown – We have continued with our youth service, Y, over Zoom on a Sunday evening, with a couple of guest speakers and also the youth continuing to give talks.

Reverb on a Thursday has also been happening over Zoom, with two groups as one was a bit too manic! At the request of some of the youth we are also running a weekly bible study, have a bible journaling WhatsApp group and have also managed to do Panto practise each week.

As I'm sure you've seen our youth have also been very active participants in our weekly church service.

Prayer – As the saying now goes, we are all in the storm, but we're not in the same boat. This is of course also true for the youth of the church,

some are still given lots of work from school and are struggling to keep up and to maintain motivation, some are anxious about exam results or what the next step will be for them, others have now effectively left school/college and have a lot of time on their hands.



Some are plugging in to all the activities etc we are running and are finding it helpful to stay connected and supported, whilst also supporting others.

Some of our young people find all this online stuff incredibly difficult and so have not really plugged. I am still keeping in contact with them but that's not so easy.

Please pray for all our youth, for their safe-keeping, for their mental health, for their faith, for peace in a difficult time, for constructive ways to fill their time and that they will know God's provision and love for them.

Help! – As I look for different ways to keep connected with the youth and to support them, I'd like to ask for some help please?

I'd like to post out/deliver a 'magazine' to them, maybe fortnightly if I can make it. I'd like it to contain a wide (quite random) selection of things to keep them busy, to get them thinking, to make them laugh etc. So if you



know a good joke, could write prayer for them, know some interesting facts about something, know a riddle or brain teaser, have tried a good recipe, have made something (knitting, wood work, a recycling project etc), could tell us your favourite bible verse and give a brief description of why it's your favourite, have some tips on growing your own fruit and veg, have met a famous person and could tell us (briefly) about it, have heard a new worship song and it's really spoken to you or a thousand and one other ideas please could you send me an email at:



georgina.hedley-smith@stalphegeseasalter.org

Please include your text and maybe a photo or two that I can put into this 'magazine' and if you're happy I'll include your name too. It would be awesome for our youth to be reminded that we're all part of one big family and that as they pray and care about all of you, you also are praying and thinking about them.

Looking forward to lots of random emails!! Haha

Thanks in advance
Georgina

Our Values

- All involved
- Bearing witness
- Creating community
- Deepening discipleship
- Encountering God
- Finding friendship: fun and food
- Giving generously

- Everyone playing their part
- Telling the Christian story
- Loving and belonging
- Following Jesus, becoming like him
- Experiencing his presence
- Laughing and sharing
- Giving with gladness



St Alphege, Seasalter ~ making disciples of Christ, growing the church of God