${
m Welcome}^2$ St Alphege, Seasalter at Seasalter Christian Centre

Your name(s)

Children's names and dates of birth

Address

Postcode

Telephone

Email

Today's date

St Alphege, Seasalter

Editor:

Paula Dean, email: deaneves@msn.com Deadline is Midnight Tuesday

Service attended Please tick:

08.45

10.10

11.15

Tear from this leaflet and pass to a member of the Welcome Team Thank you Name of Welcomer:

What's on regularly ...

At the **Old Church** on the 1st Sunday of the month at 11.15 am (BCP Holy Communion).

Morning Prayer - at the Old Church, Tuesdays and Fridays at 9.15 am.

Holy Communion - Wednesdays at 9.15 am at the Old Church.

Team Evening Prayer - at Seasalter Old Church during March.

Open Door Thursdays from 10.00 am to 11.30 am at SCC.

Prayers Sunday 7 - 8 am (followed by toast and coffee); **Wednesday 7 - 8 am Prayerpoint** on Fridays - join us for intercessory prayer, 6 pm - 7pm at SCC. *When prayer is at the heart we see God moving. All welcome, please come ...* **Silent Prayer of the Heart** on Fridays at **7.15 pm** for 30 minutes.

Next week's services: 0845 Holy Communion, 1010 Lighthouse Service; 1100 All Age Service. Readings: Genesis 12: 1-4a; John 3: 1-17

[Please take these notices home with you to read at your leisure]

St Alphege, Seasalter ~ making disciples of Christ, growing the church of God



Welcome to St Alphege, Seasalter Sunday 1 March 2020

Lent 1

Today's readings: Genesis 2: 15-17, 3:17; Matthew 4: 1-11

Coronavirus (COVID-19)

An Important notice from The Diocese

In light of the recent outbreak of the Coronavirus, the following guidance has been received from The Diocese:

Churches should follow best-hygiene practices that include advising parishioners with coughs and sneezes to refrain from handshaking during The Peace and to receive Communion in one kind only.

At present, there is no Government advice that suggests the use of the Common Cup should be suspended.

It is also best practice for churches to have hand-sanitisers available for parishioners to use.

In addition, Priests presiding at the Eucharist, communion administrators and servers should wash their hands, preferably with an alcohol-based (minimum 60%) hand-sanitiser.

Dipping is not recommended (even by celebrants or communion administrators) as this represents an infection transmission route.

Best hygiene practice should continue to be observed in all pastoral contacts.

Please note that we will be following the above guidance with immediate effect and until such time that further guidance is received from The Diocese.

Please be aware that you have received Holy Communion if you have only received bread.

We your servants bless you, O God As we stand by night in your House. We lift up our hands towards the holy place And give you thanks and praise. Bless us from all places where you dwell O God, creator of the heavens and the earth. Psalm 134

SAVE THE DATE

Sunday 19 April

St. Alphege Day - This is our Patronal Festival

More details to follow soon!



As at past events, we would be very grateful for a few gents to help with serving. If this is something you feel you can help with, please let Katy Burney know.

Coming up in the Third Age Programme



Wednesday 4th March – 1st April 10.30 am 5 Session Lent Course Daring to See God Now. Considering how we hear, understand, and live the good news of God in today's world.

Thank You

Thank you very much for your prayers for my mum Clodagh. She is now recovering well and is home. Love Sarah Brockman

Prayer at the Heart



Immediate needs 2 - 4 weeks

Liz Leaman (former headteacher at St. Mary's school) having two cornea operations as she is losing her sight. Rosalind, her daughters Tania and Jenny, following the death of Ian Drewitt, her ex husband and their father also for Carolyn his wife. Beryl Clarke and her husband Ray. Trudie (Walczak) may she know the love, presence and peace of the Lord each day; also for Zen (her husband) may be come to know Jesus as his Saviour and for their family. Diana, David's (Glanville) wife, in hospital with a broken hip following a fall. Bob Simmons for relief from pain. During March we will be praying for those living in Shearwater Avenue, Dove Close and Goldcrest Walk.

Long term needs - up to 3 months

Joan Moss, following her operation for skin cancer. Dorothy Vener. Andrea. Tess. Dennis Spinner, please pray for him to get strong and stay free from illness. Lise Jennings, for relief from pain. Frances Crocker's friend, Julia, who has a recurrence of cancer.

Prayer Needs

Please contact: Carol Judge 277752; or David and Lynda Kemp 272470 We also have a Prayer Requests page on Facebook, please let us know if you would like your prayer needs to be posted there.



Quiz Night

Saturday 14th March 7.00 for 7.30 p.m. Seasalter Christian Centre **CT5 4AX** £5.00 per person

Bring your own drinks and nibbles

To book your place or a table of eight please ring Jeannie or David Harwood 01227 271230 ieannieharwood@btinternet.com



Friday 13 March at 1 pm

At Seasalter Christian Centre, 49 Faversham Road, Seasalter, Whitstable CT5 4AX

£5 per person, includes tea or coffee after the meal To reserve a place please phone 276923 or email

seasalterchristiancentre @yahoo.co.uk

Main: Gluten-free butcher's sausages may contain dairy/sova Or: Goat' cheese and beetroot tartlet with areen pesto dressing V au ts & egg (trace) Mashed potatoes dairy Green beans/sliced carrots wa or Onion Gravy Dessert: White chocolate and raspberry roulade Or: Fruit cocktail with Frank's Ice-cream dair Served with pouring cream at tables dain

Ten Commandments of human relationships

1. Speak to people. There is nothing as nice as a cheerful word of greeting. 2. Smile at people. It takes seventy-two muscles to frown, only fourteen to smile.

3. Call people by name. Music to anyone's ears is the sound of his/her own name.

4. Be friendly and helpful.

5. Be cordial. Speak and act as if everything you do is genuinely a pleasure, and if it isn't, learn to make it so.

6. Be genuinely interested in people. You can like almost everybody if you try. 7. Be generous with praise, cautious with criticism.

8. Be considerate with the feelings of others. There are usually three sides to a controversy: yours, the other fellow's, and the right one.

9. Be alert to serve. What counts most in life is what we do for others.

10. Add to this a good sense of humour, a big dose of patience, and a dash of humility, and you will be rewarded manifold through life.

Value G – Giving generously

Giving generously is one of the values which moulds our life together at St Alphege, Seasalter. In recent years we have raised and given away £90,000 to charities, locally, nationally and internationally, through the Closer To Home project. And each year we give away an amount equal to at least 10% of our normal income.

We also encourage individuals and families to give generously to the church's work. The biblical guideline is the tithe, 10% of income, but Jesus never mentioned a percentage, because it's the heart that counts.

If you would like to know more about regular giving through banker's order or weekly envelopes, or about Gift Aid, please talk to Ceri Charilaou, the Stewardship Secretary (tel: 274650 or email: cericharilaou@hotmail.co.uk)

Help Needed

We are starting to redecorate the meeting rooms to give them a new lease of life and more presentable to all the many users of them.

We will be starting on Friday 6 March at 18.30 and continuing on Saturday

morning 7 March.

We could really do with some help from anyone with this task. We will supply all materials and maybe even a bacon

sandwich on the Saturday morning.

Can you please let Ali or Andrew know if you are able to support us.







Quiz rounds and games for all ages ! Teams of 8 max



(we can help make up teams)

£5 per person (Children under 12 free) Soft drinks and nibbles provided But feel free to bring along extras!

To book a table contact Jane 07761963971 or jane.myhill@btinternet.com

Fun for everyone! All profits towards Fellowship Afloat trip



DEEPENING Discipleship Everyday faith in the making!



An 8 session course for those wishing to explore their journey of discipleship and calling. The course has been revised with emphasis on Ministry in the everyday.

Venue: St Michael's Church, High Street, Sittingbourne, ME10 4PG
Dates: 2, 9, 16, 23, 30 June 7, 14, 21 July 2020
Time: 7.30pm-9.30pm
Facilitated by: Revd Lesley Jones and Revd Alan Pinnegar
Closing date for applications: 12 May 2020

Sittingbourne, St Michael's Church

An 8 week course to grow our capacity to follow Jesus in the everyday For more information contact <u>slucas@diocant.org</u>or visit www.canterburydiocese.org/deepeningdiscipleship

Our God given role in caring for the world

Join Jo and Georgie for Spring sunsets and refreshments to pray, plan and be proactive about the planet.

Join us if you are searching how to fulfil your God given role of caring for the earth He entrusted to us.

We are looking for planet missionaries to focus on the issues we are facing and workout what we as Christians can do to help.

Human activity is destroying God's beautiful planet; the forests, the ice caps, the coral etc. Scientists estimate that 150-200 species of plant, insect, bird and mammal become extinct every 24 hours! This is nearly 1,000 times the "natural" rate.

Thousands of species have gone extinct in your lifetime. It is all because of OUR human activity. All over the world people are also suffering the effects of climate change.

Join Georgie and Jo on Joy Lane Thursday evenings from Thursday 12th March at 7:30pm till 9pm for prayer about these matters, climate conversations, book shares and inspired action plans.

How can we be the change we want to be and use our spheres of influence at home, work and as a church to protect God's created world of plants, animals and people?

Overwhelmed? Anxious? Don't be. Our love for our God is our motive. Loving our God includes caring for HIS planet. TOGETHER we can make a difference.

Contact either Georgie on 07838148143 or Jo on 07910886467



A free course to help you manage your money better and learn to **budget, save and spend well**

Courses take place at The Harbour Church 10 Harbour Street, Whitstable. CT5 1AQ



To book, go to **www.capmoneycourse.org** or call **Joyce** on **07519858951**

THIS IS FOR YOU! DO JOIN US IF YOU CAN.

budget. save. spend



You are warmly invited to a Deanery Synod Open Evening:

Prayer, Pilgrimage & Changing Lives

An evening on prayer – and in prayer – as Lyndall Bywater and Peter Ingrams introduce our Canterbury Diocesan Changing Lives Prayer Network and share news/materials for this year's Day of Prayer & Pilgrimage (May 30th, with Bishop Rose), 'Thy Kingdom Come' prayer booklets, Monthly Diocesan Prayer Diary and more!

Monday 9th March 2020

7.00 pm for 7.30 pm at St Alphege Church,

Whitstable

Open to all

Brief Deanery Synod business will be conducted at the end of the meeting, for those who are elected members.

VACANCY

Bradbury Grange Care Home are looking for someone to go in and take a short service on Tuesday mornings and Sunday evenings.

This is a paid position and the applicant does not have to be ordained or a Methodist. Anyone interested would need to contact the home, which is situated in Canterbury Road, Whitstable, near the junction to Joy Lane.



4