

## All Saints Whitstable

Sacred Space – Monday 4<sup>th</sup> March – 8pm  
Shrove Tuesday 5<sup>th</sup> March – 7pm Burning of Palm Crosses  
Ash Wednesday 6<sup>th</sup> March – 7.30pm Solemn Eucharist and  
imposition of Ashes (**morning eucharists are being held in  
other team churches with ashing if evenings are difficult**)

### PILGRIM COURSE

Running Thursday evenings and Friday mornings (do  
choose which you prefer) Simon will be running a Lent  
course at the Vicarage looking at Module 8 of the Pilgrim  
Course “Church and Kingdom”. You do not need to have  
attended any of the modules before. Contact him at  
[tillotsons@gmail.com](mailto:tillotsons@gmail.com) or phone 01227 272308 for more  
information. Thursdays from 7<sup>th</sup> March 7.45pm to 9.15pm  
(coffee and tea served from 7.30pm) Fridays from 8<sup>th</sup>  
March 10am to 11.30pm (coffee and tea served from  
9.45am)

**A Christian Aid Quiz Saturday 16 March Seasalter Christian Centre  
7pm for 7.30pm start Cost £5.00 and bring your own food and drink  
to share around To book a place or table of 8 please phone either  
Gordon 01227 275179 David and Jean 01227 271230.**

## St Alphege Seasalter

**A Concert with Chloe Reynolds  
Friday 29<sup>th</sup> March 2019**

Tickets will be available from Seasalter Christian Centre  
SCC Office on 01227 276923  
or [seasalterchristiancentre.yahoo.co.uk](http://seasalterchristiancentre.yahoo.co.uk)

**Inner Space – Saturday 30<sup>th</sup> March 2019**  
Contact details Mark Fagg 07870 500158  
Email - [mark.fagg@me.com](mailto:mark.fagg@me.com)

**Lent 2019 – An introduction to contemplative prayer  
For 5 weeks starting from Thursday 7<sup>th</sup> March 2019**  
Contact details Mark Fagg 07870 500158  
Email – [mark.fagg@me.com](mailto:mark.fagg@me.com)

# UNITY UPDATE

The Whitstable Team Ministry

MARCH 2019

Rev Rob Tugwell, Curate in the  
Whitstable Team, writes:

As I write this it is January, clear skies  
but cold. Murmurs continue, speculating  
‘Will it snow?!

However, as you read this, it will be  
March and, hopefully, Spring will have  
taken hold of the world. This year  
Easter is late and March is dominated by  
Lent. Is there any other season in the  
church year which divides opinions so  
greatly and instigates so many mixed  
responses?! Is Lent a time of puritan  
abstinence? Is it a time of holiness and  
piety? Do you still tell the stories of the  
year you gave up coffee AND chocolate  
and almost didn’t make it through?!

I am reminded of a splendid old poem  
by Robert Herrick, exploring the  
meaning of Lent. It reads like this:

*Is this a Fast, to keep  
the larder leane?  
and cleane,  
from fat of veales and sheep?*

*Is it to quit the dish  
of flesh, yet still  
to fill  
the platter high with fish?*



**Robert  
Herrick**

*No: 'tis a fast, to dole  
thy sheaf of wheat  
and meat  
unto the hungry soule.*

*It is to fast from strife,  
from old debate,  
and hate:  
to cleanse thy life.*

*To shew a heart grief-rent;  
to starve thy sin,  
not bin;  
and that's to keep thy Lent.*

Put simply, as we journey into  
Lent, let us aim to resist  
sorrowful expressions and  
maybe look beyond dietary  
exclusions. Let us adopt a  
posture of charity and  
reconciliation and, in a special  
way, let us look to journey  
closely with our Lord.

**St Peter's Whitstable**  
**Wednesday, March 6th Ash Wednesday**  
**Sung Eucharist and Imposition of Ashes 10am**

**Sunday, March 10th**  
**Bread and Cheese Lunch 12.30pm Church House, Cromwell Road**  
**All proceeds to Christian Aid**

**Spirituality and mindfulness: Community and practice**  
**Panel Discussion at St Peter's Church, Whitstable, 2.30 - 4pm,**  
**Saturday 23<sup>rd</sup> March 2019.**

The afternoon will include presentations from local mindfulness and yoga practitioners and visiting guest speakers Prof Peter Tyler, Professor of Pastoral Theology and Spirituality, St Mary's University, Twickenham and Andrea Campanale from Sacred Space, Kingston, a project that uses the arts to explore spirituality.

**All welcome – free of charge**

**For any inquiries about this event please contact Geoff Court at**  
[\*\*PioneerMinister@gmail.com\*\*](mailto:PioneerMinister@gmail.com)

**Thursday, March 28th Taize Service 7pm**



## Tea, Coffee, Cakes and Company

The St Alphege Town Church café is open every morning Monday to Friday (not just Tuesday and Thursdays!)

*Usual opening hours are:*

Monday: 9 – 12 tea & biscuits  
Tuesday: 9 – 1:30 cakes and lunches  
Wednesday: 9-12 tea & biscuits  
Thursday: 9 – 1:30 cakes and lunches  
Friday: 9:30 -12 crumpets & teacakes

## ST JOHN'S SWALECLIFFE

### CHATTERBOX BABY & TODDLER GROUP

Every Friday morning (during term-time), 9.30am - 11.30am at St John's Centre, Swalecliffe. Lots of toys to play with, music and singing, a craft area, books, wooden shape sorters, etc. £1 per adult, 50p per child (includes hot and cold drinks and a snack for all).

Coffee Break, every Tuesday 10.00am - 12.00pm at St John's Centre, Swalecliffe. Lots of chatter over good coffee, tea and cake. No charge is made but small donations towards our costs are very welcome.

### St Alphege Whitstable

Café church 4.30pm Sunday 3<sup>rd</sup> March St Andrew's church  
Wednesday 6<sup>th</sup> 10am Holy Communion will be a traditional ashing service.

2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 30<sup>th</sup> March all church run Saturday café.  
23<sup>rd</sup> March – Latin Link coffee morning

### MOTHERS UNION

March 5th 10am Seasalter Christian Centre Shrove Tuesday - Pancakes

March 18th - Monday 11.20am Wave of Prayer meeting in St. Alphege Town Church Chapel for short service praying for the worldwide work of the Mothers' Union especially our link dioceses in Africa

Thursday 21st 2.15pm Thorpe Room All Saints Church Hall - Lenten readings

Sunday 24th 2.00 - 2.30pm Seasalter Christian Centre - Marriage Preparation Course. - MU to provide cakes, scones etc. for a Tea.

An introduction to contemplative prayer

What is Christian Meditation?

What is Centering Prayer?

How do I pray with icons?

What does 'lectio divina' mean?

How can I use my body in prayer?

# Lent 2019

Thursdays 7.30pm to 9.00pm (latest)  
Seasalter Christian Centre

7, 14, 21, 28 March  
and 4 April 2019

For details, contact Mark ([mark.fagg@me.com](mailto:mark.fagg@me.com), 07870 500158)